Teasers & PLEASERS

ITALIAN NACHOS

Lightly fried chips, Italian sausage, provolone, mozzarella, Kalamata olives, tomatoes, pepperoncini, scallions, and Asiago cheese sauce.

MOZZARELLA CHEESE STICKS (V)

Five cheese sticks, fried golden brown, served with our homemade tomato sauce.

FRIED MUSHROOMS (V)

Fresh hand-breaded, golden-fried tender mushrooms. Served with ranch dressing.

SPANAKOPITA (V)

Spinach and imported feta cheese baked in flaky filo dough.

LOADED POTATO SKINS (GF)

Idaho potato skins fully-loaded with lots of melted Wisconsin cheddar cheese, crispy bacon, chopped tomato and green onions. Served with sour cream.

HAND-BREADED ONION RINGS (V)

Golden brown and served with honey mustard sauce.

SOUTHWESTERN CHICKEN QUESADILLA

Sliced char-grilled, all-natural chicken breast, shredded cheddar and mozzarella cheese and a smoked corn, tomato, red onion and black bean relish in a wheat tortilla. Served with sour cream and salsa.

HOMEMADE SOUP

Fresh ingredients made daily by the chef. Bowl Cup

OMEGA HOUSE SALAD

A crispy and chilled romaine and iceberg mix, topped with aged Wisconsin cheddar cheese, hard-boiled egg, tomato, ham, smoked bacon and sliced almonds. Served with your choice of dressing.

SOUP AND SALAD

A bowl of our delicious homemade soup of the day and a fresh, crisp salad with your choice of dressing.

(V) Vegetarian (VG) Vegan (GF) Gluten-Free (GFA) Gluten-Free Available

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.



(GF) This dish is gluten free. When placing your order, please let your server know that you are ordering a gluten-free menu item. Please be aware that because our dishes are prepared to order, individual foods may come into contact with one another due to shared cooking and preparation areas. Therefore, we cannot guarantee that cross contact with foods containing gluten will not occur. (GFA) Gluten-Free Available – When placing your order please ask for gluten-free bread or gluten-free dressing as a substitution. Also, please let your server know that you are ordering a gluten-free item. Gluten-free bread is an additional, .00



ALL SALADS BELOW ARE ACCOMPANIED WITH PITA WEDGES.

STRAWBERRY CHICKEN SALAD (GFA)

Organic mixed field greens, char-grilled all-natural chicken breast, fresh strawberries, blueberries, caramelized Georgia pecans, green onions, Clemson Bleu cheese, topped with a merlot wine strawberry vinaigrette.

GREEK SALAD (GFA)

A crispy and chilled romaine and iceberg mix, topped with imported feta cheese, Kalamata olives, sliced pepperoncini, onion and tomato. Served with our homemade Mediterranean dressing. Sliced char-grilled all-natural chicken breast: Add Gyros meat: Add

HONEY GLAZED CHICKEN SALAD (GFA)

A crispy and chilled romaine and iceberg mix, topped with honey-glazed sliced char-grilled, all-natural chicken breast, tomato, onion, fresh pineapple and caramelized pecans. Served with a honey mustard dressing.

SOUTHERN FRIED CHICKEN SALAD

A crispy and chilled romaine and iceberg mix, topped with a lightly hand-battered, sliced all-natural chicken breast, tomato, onion, hard-boiled egg and aged Wisconsin cheddar cheese.

Served with your choice of dressing.

CHAR-GRILLED CHICKEN SALAD (GFA)

A crispy and chilled romaine and iceberg mix, topped with sliced char-grilled, all-natural chicken breast, tomato, onion, hard-boiled egg and aged Wisconsin cheddar cheese. Served with your choice of dressing.

CHOPPED SALAD (GFA)

Chopped chilled romaine and iceberg mix, topped with chopped smoked bacon, avocado, tomato, red and green onion and crumbled Clemson bleu cheese. Served with a honey mustard vinaigrette.

Sliced, char-grilled all-natural chicken breast: Add

GENERAL TSO'S SPICY CHOPPED ASIAN SALAD

Chopped chilled romaine and iceberg mix, topped with a lightly hand-battered, sliced all-natural chicken breast, pineapple, crispy wontons, tomatoes, onions, hard boiled egg, mandarin oranges, avocado, toasted almonds and mozzarella cheese. Served with a sweet and spicy Asian dressing.

APPLE AND PECAN SALAD (GFA)

Mixed organic field greens, apples, grapes, caramelized pecans, Clemson bleu cheese crumbles and dried cranberries. Served with a Mediterranean vinaigrette. Sliced, char-grilled all-natural chicken breast: Add

GRILLED CHICKEN SPINACH SALAD (GFA)

Fresh baby spinach topped with seasoned sliced char-grilled, all-natural chicken breast, hard-boiled egg, onion and mushroom. Served with a warm bacon dressing.

TEX MEX SALAD

A crispy and chilled romaine and iceberg mix, topped with sliced char-grilled, all-natural chicken breast, tomatoes, onions, roasted red peppers, aged Wisconsin cheddar cheese, mozzarella cheese, and a smoked corn, tomato, red onion and black bean relish all in a wheat tortilla shell. Served with ranch dressing and a side of salsa and sour cream.

HOMEMADE DRESSINGS

EXTRA VIRGIN OLIVE OIL & RED WINE VINEGAR • BLEU CHEESE • HONEY MUSTARD VINAIGRETTE • RANCH • HONEY MUSTARD • MEDITERRANEAN (OIL & VINEGAR WITH SEASONING) • 000 ISLAND



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Setween THE BREAD

SANDWICHES ARE SERVED WITH COLE SLAW AND ZERO GRAMS TRANS FAT SEASONED FRENCH FRIES. SUB SWEET POTATO FRIES -ADD A BUCK. ADD A HOUSE SALAD OR CUP OF SOUP

PHILLY STEAK

Shaved seasoned Philly steak, grilled onions and peppers with Swiss cheese on a brioche hoagie roll.

"MILE HIGH" CHICKEN SANDWICH

Char-grilled, all-natural chicken breast topped with smoked bacon, barbecue sauce, tomato, Monterey and cheddar cheeses and fried onion strings. Served on a sesame bun.

THE REUBEN

Seasoned corned beef, Swiss cheese and smoked bacon-sauerkraut on grilled Jewish rye with a side of Thousand Island dressing for dipping.

TWO-HANDED MONTE CRISTO

Sliced Black Oak ham and Swiss cheese grilled in batter dipped challah bread and dusted with powdered sugar.

REALLY GOOD HOMEMADE CHICKEN SALAD CROISSANT

Fresh homemade, chunky, all-natural chicken salad with mayo, celery and spices served on a croissant with lettuce and tomato.

OMEGA TRIPLE DECKER CLUB

Roast turkey, Black Oak ham, smoked bacon and American cheese on Greek toast with lettuce, tomato and mayo.

SLICED PRIME RIB DIP
Thin-sliced, slow-roasted prime rib, provolone cheese, au jus and horseradish cream sauce on the side. Served on a brioche hoagie roll.

GYROS SANDWICH

Seasoned beef and lamb with tomato, onion and tzatziki cucumber sauce on grilled pita bread.

CHICKEN GYROS

Sliced seasoned chicken, tomato, onion and tzatziki cucumber sauce on grilled pita bread.



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BURGERS ARE SERVED WITH COLE SLAW AND ZERO GRAMS
TRANS FAT SEASONED FRENCH FRIES. SUB SWEET POTATO
FRIES - ADD A BUCK. ADD A HOUSE SALAD OR CUP OF
SOUP

OLD FASHIONED PATTY MELT

Handmade USDA Choice burger chargrilled with American cheese and grilled onions on homemade grilled Jewish rye.

HANDMADE USDA CHOICE CHEESEBURGER

Handmade USDA Choice burger chargrilled, American cheese, lettuce, tomato, mayonnaise and a dill pickle on a sesame seed.

SMOKED BACON AND GOUDA SMOKEHOUSE CHEESEBURGER Handmade USDA Choice burger chargrilled, smoked

Handmade USDA Choice burger chargrilled, smoked bacon, Gouda cheese, lettuce, tomato, mayonnaise and a dill pickle on a sesame seed bun.



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WRAPS ARE SERVED WITH COLE SLAW AND ZERO
GRAMS TRANS FAT SEASONED FRENCH FRIES. SUB SWEET POTATO
FRIES - ADD A BUCK. ADD A HOUSE SALAD OR CUP OF
SOUP

CALIFORNIA WRAP

Char-grilled, all-natural chicken breast, smoked bacon, tomato, shredded lettuce, red onion and Swiss cheese wrapped in a wheat tortilla. Served with a side of honey mustard dressing.

IT'S ALL GREEK TO ME WRAP

Char-grilled all-natural chicken breast, tomato, imported feta cheese, shredded lettuce, red onion wrapped in a wheat tortilla. Served with a side of Mediterranean dressing.

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Grilled PANINI

PANINIS ARE SERVED WITH COLE SLAW AND ZERO GRAMS
TRANS FAT SEASONED FRENCH FRIES. SUB SWEET POTATO
FRIES - ADD A BUCK. ADD A HOUSE SALAD OR
CUP OF SOUP FOR

CAPRESE PANINI

Mozzarella cheese, sliced tomato, fresh basil and pesto aioli on grilled sourdough filone.

MOM'S TURKEY PANINI

Sliced turkey breast, avocado, green peppers, fresh basil, pesto aioli and Swiss cheese on grilled sourdough filone.

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ADD A HOUSE SALAD OR CUP OF SOUP



Our homemade pasta rolled with all-natural grilled chicken, ricotta, asiago and mozzarella cheese, mushrooms, fresh basil and Italian spices. Topped with our homemade marinara and asiago cream sauce.

ITALIAN SPAGHETTI BOLOGNESE

Spaghetti tossed with our homemade meat sauce and topped with parmesan cheese.

CHICKEN ALFREDO DI ANTONIO

Char-grilled, all-natural chicken and fettuccine pasta tossed in a parmesan cream sauce and topped with parmesan cheese.

CHICKEN PARMIGIANA

Boneless breast of all-natural chicken topped with marinara sauce and melted mozzarella cheese. Served with spaghetti marinara.

LASAGNA DI ALFONSO

Homemade traditional lasagna made with layers of pasta, ricotta, mozzarella, seasoned ground beef and fresh basil, topped with meat sauce.

CHICKEN SCALLOPINI

Sautéed all-natural chicken with artichokes, crispy prosciutto, capers and mushrooms in a white wine sauce over cappellini pasta.

SHRIMP SCAMPI MONGE

Tender shrimp sautéed in white wine, lemon butter, capers, tomatoes and chopped asparagus over cappellini pasta.

CHICKEN MARSALA

Sautéed all-natural chicken topped with Swiss cheese in a creamy porcini, portobello, cremini and shiitake mushroom marsala wine sauce over cappellini pasta.

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ADD A HOUSE SALAD OR CUP OF SOUP

OFF THE HOOK CAJUN FISH TACOS

Three flour tortillas stuffed with grilled, wild-caught Mahi Mahi, sliced avocado, spicy Cajun aioli, imported feta cheese, shredded lettuce, cilantro, pico de gallo and sour cream on the side. Served with rice.

LOW COUNTRY SHRIMP AND GRITS

Tender shrimp simmered with Andouille sausage, smoked bacon, colorful bell peppers, onions, garlic, fresh jalapeños and green onions over creamy, cheesy grits.

STAX FRIED CHICKEN TENDER PLATTER

Five deliciously seasoned and hand breaded, allnatural chicken tenders accompanied with honey mustard sauce. Served with French fries.

DELMONICO STEAK (GF)

This 9 oz. steak, also known as a "Chuck Eye," is hand-cut from right next to the rib eye. It is well-marbled, juicy and full of flavor. Served with a baked potato.

CHICKEN MADEIRA

Pan sautéed, all-natural chicken breast, fresh asparagus, melted mozzarella cheese, tossed in a porcini, portobello, cremini and shiitake madeira wine sauce. Served with Idaho mashed potatoes.

HOT ROAST BEEF

Thin slices of oven-roasted beef topped with a rich brown gravy served with real mashed potatoes and brown gravy.

HOT ROAST TURKEY

Thin slices of roasted turkey breast topped with gravy. Served with real mashed potatoes and gravy and cranberry sauce.

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SOUTHERN

Lunch: Monday-Friday 11:00 am-2:30 pm Dinner: Monday-Sunday 4:00 pm-8:00 pm

MEAT SELECTION

- Beef Liver and Onions
- Fried Carolina Grouper Fingers
- All-Natural Boneless Char-grilled Chicken Breast (GF)
- All-Natural Boneless Fried Chicken Breast
- Oven Roasted Deli Sliced Roast Turkey and Gravy
- Stax Meatloaf and Marinara Sauce
- All-Natural Char-grilled Chicken Strips (GF)
- Country Fried Steak and Sausage Milk Gravy
- Hot Roast Beef and Gravy
- Hamburger Steak Onions and Gravy
- · Fish-of-the-Day
- BBQ Baby Back Ribs
- Greek Baby Back Ribs

PICK TWO

Pinto Beans (V) (VG) (GF)

Cabbage (V) (VG) (GF)

Soufflé (V) (VG) (GF)

Cornbread Dressing

Steamed Broccoli (V)

Oven Roasted Greek

Potatoes (V) (GF)
*Peach Cobbler (V)

*Banana Pudding (V)

Steamed

Fried Okra

and Gravy

Rice

- Buttered Sweet Corn (V) (GF)
- Green Beans (V)
- Turnip Greens (V) (VG) (GF) Sweet Potato
- Collard Greens (V) (VG) GF)
- Pickled Beets (V) (VG)
- Macaroni and Cheese (V)
- Omega Cole Slaw (V)
- Real Mashed Potatoes and Gravy (V)
- Black Eyed Peas (V) (VG)
- Steamed Vegetable Medley (V)
- Butter Beans (V) (VG) (GF)
- ______
- MEAT AND TWO:
- VEGETABLES (4):

Additional vegetable side – Add a house salad or cup of soup –

(V) Vegetarian (VG) Vegan (GF) Gluten-Free (GFA) Gluten-Free Available

SERVED WITH HOMEMADE CORNBREAD UPON REQUEST AND ICED TEA.
*LIMIT ONE - ADD FOR ADDITIONAL PEACH COBBLER OR BANANA
PUDDING.

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